



2025-2026 Lacrosse Age Group Divisions

	Year Born	Age
Box Lacrosse – 2025 Season		
<u>Senior Box Lacrosse</u>		
Senior	2003 + Older	22+
Junior	2004 - 2008	17-21
Senior Female Box Lacrosse	2003 + Older	22+
<u>Minor Box Lacrosse</u>		
U17	2009-2010	15-16
U15	2011-2012	13-14
U13	2013-2014	11-12
U11	2015-2016	9-10
U9	2017-2018	7-8
U7	2019-2020	5-6
<u>FEMALE Minor Box Lacrosse</u>		
U22	2004-2008	17-21
U17	2009-2010	15-16
U15	2011-2012	13-14
U13	2013-2014	11-12
U11	2015-2016	9-10
U9	2017-2018	7-8
Field – 2025-2026 Season		
<i>All ages are determined as of January 1 of the playing year.</i>		
Grand Masters	1980+Older	45+
Masters	1990+Older	35+
Senior	2007+Older	18+
U18 Field	2008-2010	15,16 and 17
U15 Field	2011-2012	13 and 14
U13 Field	2013-2014	11and 12
U11 Field	2015-2016	9 and 10
U9 Field	2017-2018	7 and 8
U7 Field	2019-2020	5 and 6
<u>Women's Field</u>		
Senior Women's	2007+Older	18+
U18 Female Field	2008-2010	15,16 and 17
U15 Female Field	2011-2012	13 and 14
U13 Female Field	2013-2014	11and 12
U11 Female Field	2015-2016	9 and 10
U9 Female Field	2017-2018	7 and 8
U7 Female Field	2019-2020	5 and 6